

The Prayer Wheel



IMPORTANT: The twelve-step prayer plan in this book should be applied with spiritual liberty rather than regimental legality. After using these steps for several days or weeks, allow your own prayer program to develop.

Dick Eastman, *The Hour That Chances the World: A Practical Plan for Personal Prayer* (Grand Rapids: Chosen Books, 2002), p 27.

Part 1: Praise

Praise is the act of expressing one's esteem of a person for his virtues or accomplishments. It is to pronounce that person "worthy of honor" (pg 25). Try not to use the word "praise" while praising God. Speak well of Him.

Examples:

Ex 34.6-7; Deut 10.17-18; Josh 22.22; 2 Sam 22.2-51; 1 Chron 29.10-13; Neh 9.5-37; Job 11.7-11; 36.26-37.24; Ps 29; 47; 89; 93; 98; 99; Is 25; 40.10ff; Dan 4.34-37; Nah 1.2-8; Jude 24-25; Rev 4

Part 2: Waiting

"Waiting is the silent surrendering of the soul to God...It is not drifting or daydreaming, but an exercise that demands our keenest attention... Praise is verbalizing our esteem of God. Waiting is a time of silent love" (pg 33).

Examples:

Gen 9.18; 2 Kings 6.33; Ps 25.3, 5, 21; 27.14; 33.20; 37.7-9, 34; 40.1; 52.9; 62.1, 5; 69.3-6; 119.43, 74, 81, 114, 147, 130.5-6; Prov 20.22; Is 8.17; 25.9; 26.8; 33.2; 40.31; Hos 12.6; Zeph 3.8